**Rachal Trigger RN**

 (989) 975-1126

 7053 Radius Loop SE ~ Lacey, WA 98513

**Education and Honors:**

**Bachelor of Science in Nursing:** Ferris State University, Big Rapids, MI. Expected date of graduation is December 2015 with high honors.

**Associate Degree in Nursing:** St. Clair County Community College, Port Huron, MI. Degree received in May 2010. Graduated Cum Laude. Member of Phi Theta Kappa national honorary society.

**Practical Nursing Certificate:** St. Clair County Community College, Port Huron, MI. Certificate received in December 2007. Graduated Cum Laude. Member of Phi Theta Kappa national honorary society.

**Licensure and Certification:**

**RN Licensure:** Licensed in the states of Washington and Michigan.

**BLS for Healthcare Providers:** Current until February 2017.

**Work Experience:**

**Winder Family Medical Clinic (Care Coordinator RN):** Followed up with patients after an ER visit or hospital admission, referral management, well child clinic management, managed pulmonary nodule registry, population health (HEDIS) management.

**September 2014- Present**

**Supervisor:** Lori Campbell

**Contact Number:** (253) 477-0800

**Courtney Manor: Charge Nurse (RN)**: Supervised assistive staff, administered medications (PO, IV, topical, injections), assessed residents, abnormal findings reported to physician, lab results interpreted and reported to physician, wound care including wound vac application and maintenance, and gastric tube maintenance.

**May 2012 – June 2013**

**Supervisor:** Stephanie Ireland

**Contact Number:** (989) 269-9983

**Comanche County Memorial Hospital (medical-surgical staff RN)**: Assessed patients; Abnormal assessment findings, changes in condition, and lab results reported to physician; Physician assisted as necessary (paracentesis, chest tube placement); Administered blood and blood products; Created care plans; Performed wound care; Inserted saline locks; Administered medications (IV, injection, PO, topical); Cared for post-surgical patients.

**July 2010 – March 2012**

**Supervisor:** Sarah Sullivan

**Contact Number:** (580) 355-8620

Courtney Manor: Charge Nurse (LPN)

January 2008 – May 2010

Supervisor: Stephanie Ireland

Contact Number: (989)269-9983

**References:**

Stephanie Mazure RN: Nursing supervisor (Courtney Manor); Contact Number: (989)269-9983

Stephanie Ireland RN: Director of nursing (Courtney Manor); Contact Number: (989)269-9983

Vera Beadle RN: Sanilac Community Mental Health; Contact Number: (810)705-3959